

**Mid American Pompon  
2019 Summer Camp  
Advanced Formations  
[www.pompon.com](http://www.pompon.com)**

**DAY ONE – “Boom”**

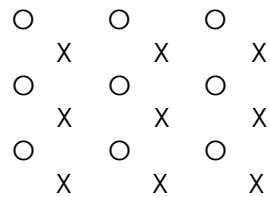
Formation #1 – Shifted Pods

**Front**



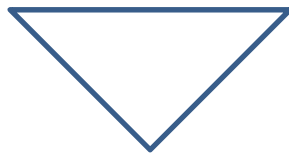
Formation #2 (Shifted First)– Merged Pods

**Front**



Formation #3 (Chorus) – Backwards Triangle

**Front**



Formation #5 – Kickline

Formation #6 – Back to Chorus

Formation #7 – Back to Shifted Pods

Formation #8 – Back to Merged Pods

## **DAY TWO – “Sax”**

Formation #1 – Rectangle

**Front**

```

  X      X      X      X      X
    X    X      X      X
  X      X      X      X      X

```

Formation #2 (Filler) – Trapezoid

**Front**

```

      X      X      X
    X      X      X      X
  X      X      X      X      X

```

Formation #3 (Chorus) – Backwards Triangle

**Front**

```

  X      X      X      X
    X      X      X
      X      X
        X

```

Formation #4 – Kickline

Formation #5 – Chorus

Formation #6 – Filler

## **DAY THREE – “Bad Guy”**

Formation #1 – Windows

**Front**

```

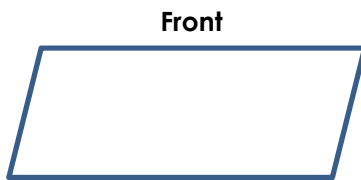
  X      1      X
    X      4      X
  X      2      X
    X      5      X
  X      3      X
    X      6      X

```

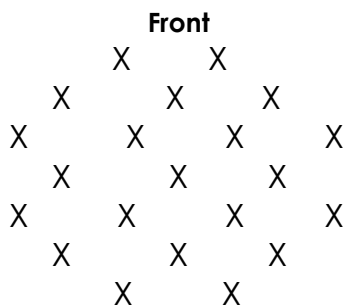
## Shifted 1<sup>st</sup> Formation – Staggered Lines



## Formation #2 – Parallelogram



## Formation #3 (Chorus) – Octagon



## Formation #4 – Kickline

## Formation #5 – Chorus

## Formation #6 – Back to 2<sup>nd</sup> (parallelogram)