



mid american
pompon



SUMMER CAMPS

2014

Davenport University, Grand Rapids

Thursday, June 19 – Sunday, June 22

Tuesday, June 24 – Friday, June 27

Thursday, July 10 – Sunday, July 13

Northwood University, Midland

Thursday, July 24 – Sunday, July 27





2014 MID AMERICAN POMPON SUMMER CAMPS

Pompon teams are invited to participate in one of several Mid American Pompon Summer Camps. This is a great way for teams to start the year with creative routines, team bonding, friendly competition and fun activities in a great atmosphere. Campers will learn correct pom form, build essential pom skills and learn routines to use in season games. These memories will last a lifetime! Mid American Pompon takes pride in having an exceptional staff that is passionate, dedicated and are experts in the sport of pom. Campers and coaches will benefit from learning progressive and entertaining routines, sharpening skills and interacting with their fellow campers.

About Mid American Pompon

Mid American Pompon, Inc., was founded in 1979 by Karen Blazaitis. The goal was to establish pompon as a competitive sport and give pompon girls from throughout Michigan an opportunity to learn skills and routines in a unified and positive environment. The organization strives to offer teams the opportunity to compete at a level of quality, while building self-esteem, outstanding skills and team unity. Pompon operations are under the direction of Julie Hobbs-Julian, who has been involved with Mid American Pompon for more than 30 years.

Our Philosophy

Mid American Pompon sets a high standard that reinforces the value of friendly competition and superior sportsmanship. The organization creates guidelines that promote positive self-image, team unity and routines and movements that display innovative and creative skills. Mid American classes, camps and competitions feature athletic-based pompon and dance routines. These

routines encourage good posture and proper form; precise rhythm and timing; excellence of formations and transitions; showmanship; creative and visual choreography; outstanding kicklines and jump skills.

Our Staff

Mid American Pompon prides itself in having the best staff in the business. Our staff is carefully selected to represent the values of Mid American Pompon, Inc. Each staff member is an excellent role model who passes along their love for the sport of pompon, along with values such as dedication, enthusiasm and excellence of performance skills.

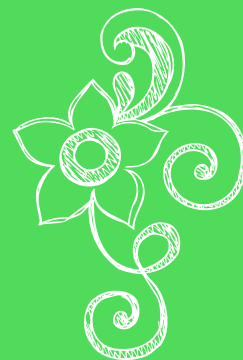


NANCY MEADOWS MEMORIAL SCHOLARSHIP

Nancy Meadows was a long-time pompon coach who continued her love for the sport of pompon as an Administrative member of the Mid American Pompon staff. Nancy was a mentor to coaches, campers and Mid American staff members. After a battle with breast cancer, Nancy passed away in 2006. Nancy's husband, Dr. Robert Meadows has graciously created the Nancy Meadows Memorial Scholarship in memory of his wife, and her dedication to the sport of pompon. Nancy was a firm believer in sportsmanship and teamwork, and believed that Mid American Pompon's overnight summer camps were an integral part of the pompon team experience. Several full camp scholarships will be awarded each year. Applications must be submitted by a coach. Please visit www.pompon.com for information on both the scholarship details and the application itself.

WHAT YOUR TEAM WILL EXPERIENCE AT A MID AMERICAN SUMMER CAMP

- Friendly and professional staff. Each team will be assigned a staff sister in addition to having access to receive benefits from the entire camp staff.
- Team unity activities to connect teams.
- Daily kickline skill building.
- One-on-one private team practice with your staff sister.
- Complete routines instructed in formation.
- Evening evaluation.
- Teams to compete with an original routine on final day.
- Speed learning skills to prepare for the performance season.
- Overall skills training techniques with constructive advice and suggestions.
- Great campus atmospheres with partially air conditioned performance facilities and instruction areas.
- Fun daily themes including lip sync and fashion shows that allow teams to be creative with their costuming and props.



WHAT IS INCLUDED AT FOUR-DAY CAMP

- Meals during camp (breakfast, lunch and dinner on majority of days)
- Dormitory housing
- Professional instruction of pom routines and essential pom skills.
- Individual award ribbons for each daily performance.
- Team trophies awarded on final day.
- Athletic trainer on duty throughout camp.

FOR THE COACHES



- Coach gift
- Camp music, write-ups and formations (one per team)
- Verbal critiques recorded for the final day's performance
- Special luncheon workshops with valuable coach training
- Great networking opportunities
- Final night "just for fun" coach performances
- Final day coach recognition

DAILY SCHEDULE

The following is a breakdown of a typical day at camp:

7:45 – 9 a.m. *Breakfast*
 9:15 – 10:05 a.m. *Team unity with staff sister*
 10:20 – 10:50 a.m. *Team of the day, peppy pom award, warm-up*
 10:50 – 11:15 a.m. *Kickline instruction*
 11:15 a.m. – 12:30 p.m. *Lunch, team activity, pom instruction, coaches meeting*
 12:45 – 1 p.m. *Staff performance, warm up*
 1 – 3 p.m. *Pom instruction*
 3 p.m. *Relaxation/meet your pom pals*
 3:45 – 5:40 p.m. *Individual team help*
 5:15 – 5:45 p.m. *Dinner*
 6 – 7 p.m. *Prepare for nightly evaluations*
 7:15 p.m. *Nightly evaluations, just for fun routines, fashion show and awards*
 TBA *Meet with staff sister*
 11:30 p.m. *Quiet; all campers in their own suite*



SESSIONS

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Grand Rapids**

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CAMP RATES

Davenport Registration:
\$350 per person

Northwood Registration:
\$337 per person



Mid American Pompon
24425 Indoplex Circle
Farmington Hills, MI 48335

Registration Enclosed for
2014 Summer camps



MID AMERICAN POMPON ALL STAR TEAM

The **Mid American Pompon All Star Team** is an elite performing group comprised of members from Michigan's top high school pompon teams. Team members are selected based upon their outstanding showmanship, academic stature, and pompon/dance performing qualities. Camp participants who are members of a varsity team and who are entering 9 – 12 grade are eligible to try out at Summer Camp.

The All Star team has the privilege of performing at local and national events each year. These have included America's Thanksgiving Day Parade in Detroit; Chicago's Saint Patrick's Day Parade; professional events at the Palace and Ford Field; presidential inaugural parades; Pistons and Detroit Red Wings victory parades; the summer Olympics in Atlanta; performances at Walt Disney World, and Carnival Cruise Line, several football bowl games, the 2012 London Summer Olympic pre-celebration and the 2013 Holiday Bowl in San Diego.

