



Mid American Pompon 2014 Summer Camp

FINAL DAY EVENTS

DAY FOUR

7:30-8:30 am Breakfast

8:00-9:00 am Clean rooms and check-out

Prepare for final evaluations

** All rooms must be completely empty
before final evaluations begin. Campers will
be sent back to the dorms to clean up any
rooms that are unsatisfactory **

9:30 Original Routine Evaluations, Senior Kick
Competition, Awards and Camp Wrap Up

Camp Rules:

- 1 - No smoking or use of drugs or alcohol at any time during camp by campers, coaches or Staff.
- 2 - Campers may not leave campus at any time.
- 3 - Campers must attend all scheduled activities.
- 4 - NO visitation of boyfriends. ONLY campers and coaches are allowed in the dorms with the exception of check-in and check-out times.
- 5 - Campers may not ride in cars at any time
- 6 - Any camper leaving campus must check out with their coach and camp director Julie Hobbs-Julian prior to leaving.
- 7-Campers are not permitted to have stickers of any kind while on the University's premises



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School Spirit Day

DAY ONE

7:30-8:30 am Breakfast for teams that arrived the night before

8:00-9:00 Check-in for teams that did not arrive
the night before

9:30 Welcome and introductions at the Student Center

9:45-10:00 Meet Team/Staff Sister - team unity exercise

10:05 Warm Up

10:20 Pom Basics

10:45-11:20 Coaches Welcome Meeting **All coaches must attend today*

11:00 Day 1 Kickline

11:15 INT Program - Go to Lunch

ADV Program - Begin Day 1 Instruction
for Day 1 Pom Routine

11:40 ADV Program - Go to Lunch(head back to gym about 12:30)

12:45-1:15 ****All Star Applications Due****

Team of the Day, Staff Performance, Warm Up

1:15-3:10 Day 1 Routine Instruction

3:10 Relaxation / Meet Your Pom Pals

3:15 All Star Informational Meeting at the Main Platform

3:40-5:00 Group B: Individual Team Help

4:10-5:30 Group A: Individual Team Help

5:00 Group B: Dinner

5:30 Group A: Dinner

6:00-7:00 Prepare for Nightly Evaluations

7:15 Nightly Evaluations begin; followed by Just for Fun
routines, Fashion Show, Awards and 20 min All Star
Practice. Meet/Greet with other teams after performances

TBA Meet with Staff Sister

11:30 Quiet; All campers in their own suite

****All Star Tryout times will be announced at practice following awards****



Hip Hop Day

DAY TWO

TBA	All Star Tryouts
8:00-9:00	Breakfast
9:15-10:15	Team Bonding with Staff Sister
10:20-10:50	Team of the Day, Peppy Pom Award, Warm Up
10:50-11:15	Day Two Kickline Instruction
11:15	INT Program go to lunch
11:15-11:40	ADV Program - Begin Day Two pom instruction
11:40	ADV Program - Go to Lunch (Head back to the gym around 12:30)
11:30-12:30	Coaches Lunch Meeting
12:45-1:00	Staff Performances, Warm Up
1:00-3:10	Day Two Pom Instruction
3:10	Relaxation
3:40-5:00	Group A: Individual Team Help
4:10-5:30	Group B: Individual Team Help
5:00	Group A: Dinner
5:30	Group B: Dinner
6:00-7:00	Prepare for Nightly Evaluations
7:15	Nightly Evaluations begin: followed by <u>NEW **Toe Touch Competition**</u> , and awards
TBA	Meet with Staff Sister
11:30	Quiet; All campers in their own suite

Throw Back Day

DAY THREE



8:00-9:00	Breakfast
9:15-9:45	Team of the Day, Peppy Pom Award, Warm Up
9:45-10:15	Day 3 Kickline Instruction and full review
10:15-10:45	Lip Sync Competition
10:45-11:15	Show your staff sister your original routine to check timing, illegal moves, etc
11:15	ADV Program - Go to Lunch
11:15-11:40	INT Program - Begin Day 3 Instruction
11:40	INT Program - Go to Lunch (Head back to the gym around 12:30)
11:30-12:30	New Coaches Lunch Meeting
12:45-1:00	Staff Performances, Warm Up
1:00-3:10	Day Three Pom Instruction
3:10	Relaxation / Staff Applicant Meeting
3:40-5:00	Group B: Individual Team Help
4:10-5:30	Group A: Individual Team Help
5:00	Group B: Dinner
5:30	Group A: Dinner
6:00-7:00	Prepare for Nightly Evaluations
7:15	Nightly Evaluations begin; followed by Just for Fun routines, Awards, All Star Announcements

FOLLOWING AWARDS:

- * Coaches test original and senior kick music*
- * Meet at the main platform if you are interested in singing
the National Anthem on the final day*
- * All Star Meeting and Practice (20 minutes)*

TBA	Meet with Staff Sister
12:00	Quiet; All campers in their own suite