



Mid American Pompon

PRE-COMPETITION TEAM SERVICES

Team Training

Teams can take advantage of Mid American Pompon's pom experts by scheduling a team training session. During these sessions, teams will be provided constructive critiques and suggestions to help them prepare for camp, the upcoming season, or competition. Trained staff members will help teams clean-up current material, work on skill building and form, increase stamina, and fine-tune pom or dance basics. Sessions can take place at Mid American Studio or at the team's school.

**Julie Hobbs-Julian, Courtney Green, Jillian Troher: \$75 per hour.*

**Mid American Pompon Staff members: \$50 per hour.*

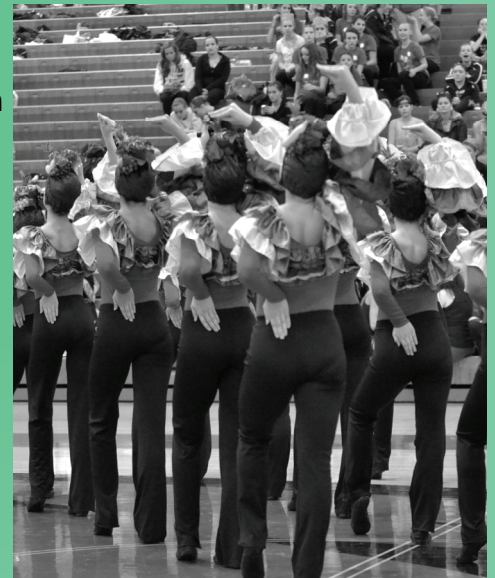


Routine Consulting

Teams now have the unique opportunity to have their competition routines critiqued by a qualified judge before competition!

Maximize points on your score sheet at upcoming competitions with expert opinion on:

- *creating choreography that connects with the music
- *amplifying visual effects through enhanced formations, spacing, and proper pom form
- *perfecting synchronization and transitions
- *featuring team strengths and masking limitations



www.pompon.com

**To schedule a Team Training or Routine Consulting, please contact Mid American Pompon Director, Julie, at julie@pompon.com.*