



COMPETE
WITH THE
BEST!

32nd Annual

Hip Hop & High Kick CHAMPIONSHIP

Sunday, November 6, 2022

The Dow Event Center
303 Johnson Street
Saginaw, MI 48607



Presented by:
**mid american
pompon**



MID AMERICAN POMPON PRESENTS:

The 32nd Annual Hip Hop & High Kick CHAMPIONSHIP

Over the last 30+ years, hundreds of pompon teams have competed for top honors in hip hop and high kick – don't miss out on your opportunity this year! The Hip Hop & High Kick Championship is creative, colorful, competitive and above all FUN!

Enrollment is open to any dance, pom or drill team from elementary through collegiate level. Dance studios community and All Star teams are also welcome to compete.

WHAT TO EXPECT

Your team may enter in both Hip Hop and High Kick or just one of the categories.

The number of team members that perform a routine may vary in each category (i.e. you can have 20 team members compete in high kick and only 9 compete in hip hop). There is a 6 person minimum for each routine.

Categories with 10 or more teams entered will be split into divisions. Divisions will be determined once registration is complete. If there is only one team in a category, (for example, JV hip hop) they will be judged against a scale rather than to automatically receive a 1st place.

Elementary routines will be judged against a scale (not against other teams). It is possible for more than one elementary team to achieve a first place rating, depending upon the quality of the performance.

Enrollment is open to any dance, pom or drill team from elementary through collegiate level. Dance studios, community and All Star teams are also welcome to compete.

CATEGORIES & REQUIREMENTS

HIP HOP: Energetic combination of freestyle and precise choreography.

HIGH KICK: Must include 40 kicks done in unison by the entire team. Many times a theme is used to coordinate music, costumes and at times, movements. (No poms allowed.)



“

What I love about the Mid-American high kick competition is the opportunity to be able to take a competitive routine to the next level of theatrical creativity, by using costumes and props that go along with a theme. In addition, it's a great way for athletes to become conditioned and build stamina in an engaging way! This helps teams become prepared for the regional and state competitions that proceed.”

—Kristy Adams, Coach of Atomic Pom

ROUTINE & MUSIC INFORMATION

PERFORMANCE FLOOR: Routines will be performed on The Dow Event Center's hardwood basketball court.

PROPS: Props must fit through a 36" door and must be assembled prior to entry. (See more detailed description on the guidelines/requirements page.)

LINEUP: Teams will compete in the reverse order in which their registration and payment is received. (i.e. Teams registering first will compete last in their category.)

TIME LIMIT: 3-minute maximum; 2-minute minimum time limit for all routines. **A structured entrance and exit is not required!** Time will begin on the first note of the music and end as the team is exiting the floor. Any team using small props for the High Kick division will have a maximum of two minutes to set up and remove their props. A five point deduction will be assessed for any team that exceeds the allotted time.



COSTUMES/UNIFORMS: A uniform look is required. The same costume or a variation of the costume can be used for each category you enter. Dance shoes, gym shoes, or bare feet only on the gym floor (non-marking soles).

ORIGINALITY: "Original" choreography means that your team created the movements. Choreography learned at camps, or taken from ESPN, competitions, television shows or movies will not enhance a team's original score.

HIGH KICK: Forty kicks done in unison by all team members must be incorporated into the routine. To be counted as a kick done in unison, a kick waist high or higher must be done by the entire team. (Please note that kicks done in opposition are not counted.) Teams are permitted to connect.

MUSIC: Music is required for all routines. A representative from the team will be asked to bring an mp3 player (i.e., iPod, iPad, etc.) with the team's music on it ready to play. The mp3 player will be plugged into our sound system but the coach/representative will be responsible for choosing the track and pressing start/play and stopping the music for their team. Please have at least one additional music source with you as a back-up. No music source that requires an adapter will be permitted! **DO NOT USE A DEVICE THAT REQUIRES A DONGLE!!**



TENTATIVE SCHEDULE

- 8:30-9:30 am** Test Music (am teams)
- 9:30-9:45 am** Welcome
- 9:45-12:00 pm** JV, Varsity & Collegiate Hip Hop Competition/ Middle School High Kick Competition
- 12:00-1:30 pm** Awards, Lunch, Test Music (PM teams)
- 1:30-4:00 pm** Collegiate, JV & Varsity High Kick Competition
- 4:00-4:30 pm** Tally/Break & Awards

Schedule subject to change depending upon enrollment.

REGISTRATION

TO REGISTER: Visit www.pompon.shop. Look for the item labeled "2022 Hip Hop and High Kick". If paying via **school check, certified check, cashier's check or money order**, send to Mid American Pompon (after registering on pompon.shop). Be sure to note the team's name somewhere on the form of payment. **A Google drive will be shared with the email used to register the team where each coach will be able to submit their teams roster.**

COST: The cost per participant for the first category is \$43, \$45 if paying by credit card, given payment is received by Monday, October 24th. Beginning Tuesday, October 25th, the cost will increase to \$45 and \$47 per participant. Each additional category is \$75/team.

Judging specifics, a map, and other pertinent information will be emailed to the coach upon receipt of your completed registration and payment. **No refunds are made once a team is registered.**

THINKING ABOUT ATTENDING FOR THE FIRST TIME?

Ask about our **INTRODUCTORY OFFER** for teams who are new to the competition. Please contact julie@pompon.com to receive your Introductory Offer coupon prior to registering.

REGISTRATION DEADLINE

Friday, October 21, 2022

Send payments to:

Mid American Pompon
Hip Hop & High Kick
Championship

24425 Indoplex Circle
Farmington Hills, MI 48335

Phone: (248) 477-5248

Fax: (248) 477-1133

www.pompon.com

For general questions, please email julie@pompon.com.

Mid American Pompon

24425 Indoplex Circle
Farmington Hills, MI 48335

(248) 477-5248

32nd Annual

Hip Hop & High Kick CHAMPIONSHIP

Sunday, November 6, 2022

WHAT TO EXPECT

- Beautiful, clean and spacious venue: The Dow Event Center
- Friendly and helpful staff and an athletic trainer on duty
- An organized event; on time with the schedule posted online prior to the event
- Awesome souvenirs for the event
- Ribbons for each participant and a trophy for top 5 teams
- Verbal critiques recorded and emailed to each team
- High quality competition

ADMISSION INFORMATION

Spectators ages 5 and over:
\$15 AT THE DOOR

Children under 5 years old:
FREE

The Dow Event Center
303 Johnson Street
Saginaw, MI 48607

Visit our website
www.pompon.com
for a map to The Dow Center

The schedule of the day
and line-up can be found at
www.pompon.com on
Friday, October 28, 2022

