

# MAPP SUGGESTED SEASON SCHEDULE

A high-level season overview with helpful guidance based on estimated timelines & event schedules

## LINKS

[SUMMER CAMP](#)

[TEAM TRAINING](#)

[HIP HOP & HIGH KICK CHAMPIONSHIPS](#)

[MAPP ALL STAR TEAM](#)

[STATE CHAMPIONSHIPS](#)

[MAPP STAFF](#)

## APRIL

### MAPP EVENTS

**Camp Registration**  
Typically opens in April

### TEAM SUGGESTIONS

**Events**  
Tryouts

## MAY

### MAPP EVENTS

**Camp Registration**  
Typically closes end of May or beginning of June

### TEAM SUGGESTIONS

**Practice Schedule**  
at least 3 days/week  
2-3 hours  
Focus: skill building, strength & cardio training

**Events**  
Fundraisers

## JUNE

### MAPP EVENTS

**Summer Camp**  
June, July, and/or August

### TEAM SUGGESTIONS

**Practice Schedule**  
at least 3 days/week  
2-3 hours  
*prior to camp, then break*

**Events**  
Fundraisers

## JULY

### MAPP EVENTS

**Summer Camp**  
June, July, and/or August

### TEAM SUGGESTIONS

**Practice Schedule**  
at least 3 days/week  
2-3 hours  
*prior to camp, then break*

**Events**  
Fundraisers

## AUGUST

### MAPP EVENTS

**Summer Camp**  
June, July, and/or August

### TEAM SUGGESTIONS

**Practice Schedule**  
at least 3 days/week  
2-3 hours  
*prior to camp, then break*

**Events**  
Fundraisers

## SEPTEMBER

### MAPP EVENTS

**Team Training**  
Many teams use this time to take advantage of MAPP Team Training opportunities.

### TEAM SUGGESTIONS

**Practice Schedule**  
3-4 days/week  
2-3 hours

**Performances**  
Football games, soccer games, etc.

## OCTOBER

### MAPP EVENTS

**Team Training**  
Many teams use this time to take advantage of MAPP Team Training opportunities.

### TEAM SUGGESTIONS

**Practice Schedule**  
3-6 days/week  
2-3 hours  
*ramp up through month*

**Performances**  
Football games, soccer games, etc.

## NOVEMBER

### MAPP EVENTS

**Hip Hop & High Kick Championships**  
Normally 1st or 2nd weekend.

**All Star Team**  
Thanksgiving Day Parade

### TEAM SUGGESTIONS

**Practice Schedule**  
4-6 days/week  
2-3 hours  
*prior to competition, then break*

## DECEMBER

### MAPP EVENTS

**Team Training**  
Many teams use this time to take advantage of MAPP Team Training opportunities.

### TEAM SUGGESTIONS

**Practice Schedule**  
2-4 days/week  
2-3 hours  
*breaks for winter holidays*

## JANUARY

### MAPP EVENTS

**Regional Competitions**  
Typically 2nd or 3rd weekend

### TEAM SUGGESTIONS

**Practice Schedule**  
3-5 days/week  
2-3 hours

**Performances**  
Basketball games

## FEBRUARY

### MAPP EVENTS

**State Championships**  
Typically 1st or 2nd weekend

### TEAM SUGGESTIONS

**Practice Schedule**  
4-6 days/week  
2-3 hours  
*prior to competition, then break*

**Performances**  
Basketball games

**Events**  
Banquet

## MARCH

### MAPP EVENTS

**Staff Auditions**  
Tryouts are held for upcoming Summer Camp Staff.

### TEAM SUGGESTIONS

**Break**

