



SUMMER CAMPS 2023

Davenport University, Grand Rapids
Tuesday, June 20 – Friday, June 23, 2023

NEW LOCATION!!!

Oakland University, Rochester
Sunday, June 25 – Wednesday, June 28, 2023
Monday, July 10 – Thursday, July 13, 2023

**Check out photos of our new location on page 3!

Day Camps

Focus on the specific needs of your team.

All Star Team

Perform at local and national events!

Pompon teams are invited to participate in Mid American Pompon Summer Camps.

This is a great way for teams to start their year with creative routines, team bonding and fun activities in a great atmosphere.

Campers will learn correct pom form, build essential pom skills and learn routines to use throughout the year.

Camps are the perfect way to kick off the new season for your team!

About Mid American Pompon

Mid American Pompon, Inc., was founded in 1979 by Karen Blazaitis. The goal was to establish pompon as a competitive sport and give pompon girls from throughout Michigan an opportunity to learn skills and routines in a unified and positive environment. The organization strives to offer teams the opportunity to compete at a high level, while building self-esteem, outstanding skills and team unity. Pompon operations are under the direction of Julie Hobbs-Julian, who has been involved with Mid American Pompon for almost 40 years.

Our Philosophy

Mid American Pompon sets a high standard that reinforces the value of friendly competition and superior sportsmanship. The organization creates guidelines that promote positive self-image, team unity and routines and movements that display innovative and creative skills. Mid American classes, camps and competitions feature athletic-based pompon and dance routines. These routines encourage good posture and proper form; precise rhythm and timing; excellence of formations and transitions; showmanship; creative and visual choreography; outstanding kicklines and jump skills.

OUR STAFF

Mid American Pompon prides itself in having the best staff in the business. Our staff is carefully selected to represent the values of Mid American Pompon, Inc. Each staff member is an excellent role model who passes along their love for the sport of pompon, along with values such as dedication, enthusiasm and excellence of performance skills.



OVERNIGHT SUMMER CAMP

AT DAVENPORT & OAKLAND UNIVERSITIES

What Your Team Will Experience at a Mid American Overnight Camp

- Friendly and professional staff. Each team will be assigned a staff sister in addition to having access to receive benefits from the entire camp staff.
- Team unity activities to connect teams.
- Daily kickline skill building.
- One-on-one private team practice with your staff sister.
- Complete routines instructed in formation.
- Evening evaluation.
- Teams to compete with an original routine on final day.
- Speed learning skills to prepare for the performance season.
- Overall skills training techniques with constructive advice and suggestions.
- Great campus atmospheres with air conditioned performance facilities and instruction areas.
- Fun daily themes including lip syncing and fashion shows to allow your team to be creative with their attire and props.



Dates

DU, Grand Rapids
Tuesday, June 20 –
Friday, June 23, 2023

OU, Rochester
Sunday, June 25 –
Wednesday, June 28, 2023
Monday, July 10 –
Thursday, July 13, 2023

What's Included

- Meals during camp (breakfast, lunch and dinner on majority of days)
- Dormitory housing
- Professional instruction of pom routines and essential pom skills
- Individual award ribbons for each daily performance
- Team trophies awarded on final day
- Athletic trainer on duty throughout camp

For the Coaches

- Coach gift
- Camp music, write-ups and formations (one per team)
- Verbal critiques recorded for the final day's performance
- Special luncheon workshops with valuable coach training
- Great networking opportunities
- Final night "just for fun" coach performances
- Final day coach recognition

A Typical Day at Camp

7:45 – 9 am – Breakfast

9:15 – 10:05 am – Team unity with staff sister

10:20 – 10:50 am – Team of the day, peppy pom award and warm-up

10:50 – 11:15 am – Kickline instruction

11:15 am – 12:30 pm – Lunch, pom instruction, coaches meeting

12:45 – 1 pm – Staff performance, warm up

1 – 3 pm – Pom instruction

3 pm – Relaxation

3:45 – 5:40 pm – Individual team help

5:15 – 5:45 pm – Dinner

6 – 7 pm – Prepare for nightly evaluations

7:15 pm – Nightly evaluations, just for fun routines, fashion show and awards

TBA – Meet with staff sister

11:30 pm – Quiet; all campers in their own suite



Overnight Camp Rate

\$480 per person, an additional \$49pp will be applied for early arrivals.

(DU Only)

No early arrivals are permitted at OU.



DAY CAMPS

Mid American day camps offer more personalized attention to focus on the specific needs of your team. These camps are run by our trained Mid American Pompon staff. Day camps can be held at your team's location or at Mid American Studio in Farmington Hills.

What's Included

- Instruction of two or three routines of your choice with individual team help
- Instruction of a full big kickline with individual team help
- Team bonding activities with staff sister
- Constructive direction on proper form, jumps, stretching, and kickline techniques
- Routine and kickline evaluation at the end
- Enjoy instruction by highly-skilled Mid American staff members



Day Camp Rates

Home Day Camp

\$175 per girl
+ \$50 coach fee
Minimum 2 days
10 hours total

MAPP Studio Day Camp

\$175 per girl
+ \$50 coach fee
Minimum 2 days
10 hours total

Contact

Allison@pompon.com
to add additional days
to your day camp.



ALL STAR TEAM

The **Mid American Pompon All Star Team** is an elite performing group comprised of members from Michigan's top high school pompon teams. Team members are selected based upon their outstanding showmanship and excellent performing qualities.

Camp participants who are members of a varsity team and are entering 9 – 12 grades are eligible to try out at Overnight Summer Camp. Day Camp participants will have the opportunity to try out at Mid American Studio on Saturday, August 13. No additional accommodations will be made.

The All Star team has the privilege of performing at local and national events each year. These have included America's Thanksgiving Day Parade in Detroit; Chicago's Saint Patrick's Day Parade; presidential inaugural parades; the summer Olympics in Atlanta; performances at Walt Disney World, and Carnival Cruise Line, several football bowl games, the 2012 London Summer Olympic pre-celebration, the 2015 Pearl Harbor Memorial Parade in Honolulu, Iceland in April 2018, Cedar Point, Disneyland/Universal Studios, California in July of 2021 and Disneyworld/Universal Studios, Florida in January of 2023.

