



**COMPETE  
WITH THE  
BEST!**

**33rd Annual**

# **Hip Hop & High Kick CHAMPIONSHIP**

**Sunday, November 5, 2023**

**The Dow Event Center  
303 Johnson Street  
Saginaw, MI 48607**

**NEW THIS YEAR!  
Full division performance  
video included!**



Presented by:  
**mid american  
pompon**



**MID AMERICAN POMPON PRESENTS:**

## The 33rd Annual Hip Hop & High Kick CHAMPIONSHIP

Over the last 30 years, hundreds of pompon teams have competed for top honors in hip hop and high kick – don't miss out on your opportunity this year! The Hip Hop & High Kick Championship is creative, colorful, competitive and above all FUN!

Enrollment is open to any dance, pom or drill team from elementary through collegiate level. Dance studios community and All Star teams are also welcome to compete.

### WHAT TO EXPECT

Your team may enter in both Hip Hop and High Kick or just one of the categories.

The number of team members that perform a routine may vary in each category (i.e. you can have 20 team members compete in high kick and only 9 compete in hip hop). There is a 6 person minimum for each routine.

Categories with 10 or more teams entered will be split into divisions. Divisions will be determined once registration is complete. If there is only one team in a category, (for example, JV hip hop) they will be judged against a scale rather than to automatically receive a 1st place.

Elementary routines will be judged against a scale (not against other teams). It is possible for more than one elementary team to achieve a first place rating, depending upon the quality of the performance.

Enrollment is open to any dance, pom or drill team from elementary through collegiate level. Dance studios, community and All Star teams are also welcome to compete.



### CATEGORIES & REQUIREMENTS

**HIP HOP:** Energetic combination of freestyle and precise choreography.

**HIGH KICK:** Must include 40 kicks done in unison by the entire team. Many times a theme is used to coordinate music, costumes and at times, movements. (No poms allowed.)



“MAPP High Kick Competition is a great way for teams to kick off their competition season. It is a high energy, fun day that showcases a team's true originality, by picking a fun theme. It allows team members to put down their poms for a bit and do something new and exciting. It is also a great building block for the season to learn, improve, and grow as a team.”

—Meredith McNamara, Coach of South Lyon East Varsity

# ROUTINE & MUSIC INFORMATION

## NEW GUIDELINES:

- Staging, backdrops, and/or set pieces are not permitted.
- All props must be set up and removed from the performance floor by performing team members.
- Special effects & other items that may damage or alter the performance floor are not permitted (e.g., water, powder, hairspray, fire, etc.).
- Props must be used within the routine choreography. Set decor and other such stationery and unused items are not permitted. The one exception to this rule is small prop receptacles in which to store props when not in use. For example, a bin, bucket, or other container in which to store your team's props while they are not in use is permitted.
- Each team is allotted a two-minute maximum time limit for BOTH setup & removal of small props and receptacles. **This time limit will be strictly enforced.**
- These guidelines have been proposed by the Coach Advisory Board, reviewed by MAPP leadership, and will be enforced by MAPP certified judging staff.
- Please consider the performance floor when selecting your props. Damage to the performance floor caused by a prop will result in a fee billed to the offending team.

**LINEUP:** Teams will compete in the reverse order in which their registration and payment is received. (i.e. Teams registering first will compete last in their category.)



**TIME LIMIT:** 3-minute maximum; 2-minute minimum time limit for all routines. **A structured entrance and exit is not required!** Time will begin on the first note of the music and end as the team is exiting the floor. Any team using small props for the High Kick division will have a maximum of two minutes to set up and remove their props. A five point deduction will be assessed for any team that exceeds the allotted time.

**COSTUMES/UNIFORMS:** A uniform look is required. The same costume or a variation of the costume can be used for each category you enter. Dance shoes, gym shoes, or bare feet only on the gym floor (non-marking soles).

**ORIGINALITY:** "Original" choreography means that your team created the movements. Choreography learned at camps, or taken from ESPN, competitions, television shows or movies will not enhance a team's original score.

**HIGH KICK:** Forty kicks done in unison by all team members must be incorporated into the routine. To be counted as a kick done in unison, a kick waist high or higher must be done by the entire team. (Please note that kicks done in opposition are not counted.) Teams are permitted to connect.

**MUSIC:** Music is required for all routines. A representative from the team will be asked to bring an mp3 player (i.e., iPod, iPad, etc.) with the team's music on it ready to play. The mp3 player will be plugged into our sound system but the coach/representative will be responsible for choosing the track and pressing start/play and stopping the music for their team. Please have at least one additional music source with you as a back-up. No music source that requires an adapter will be permitted! **DO NOT USE A DEVICE THAT REQUIRES A DONGLE!!**



## TENTATIVE SCHEDULE

- 8:30-9:30 am** Test Music (am teams)  
**9:30-9:45 am** Welcome  
**9:45-12:00 pm** JV, Varsity & Collegiate Hip Hop Competition/ Middle School & JV High Kick Competition  
**12:00-1:30 pm** Awards, Lunch, Test Music (PM teams)  
**1:30-4:00 pm** Collegiate, Varsity High Kick Competition  
**4:00-4:30 pm** Tally/Break & Awards

**Schedule subject to change depending upon enrollment.**

## TO REGISTER:

Visit [www.pompon.shop](http://www.pompon.shop). Look for the item labeled "2023 Hip Hop and High Kick". If paying via **school check, certified check, cashier's check or money order**, send to Mid American Pompon (after registering on [pompon.shop](http://pompon.shop)). Be sure to note the team's name somewhere on the form of payment. **A Google drive will be shared with the email used to register the team where each coach will be able to submit their teams roster.**

**COST:** The cost per participant for the first category is \$47, \$49 if paying by credit card, given payment is received by Friday, October 20th. Beginning Saturday, October 21st, the cost will increase to \$49 and \$51 per participant. Each additional category is \$75/ team. **Included in this years cost, your team will receive a video of the entire division they are registered in to.**

Judging specifics, a map, and other pertinent information will be emailed to the coach upon receipt of your completed registration and payment. **No refunds are made once a team is registered.**

### THINKING ABOUT ATTENDING FOR THE FIRST TIME?

Ask about our **INTRODUCTORY OFFER** for teams who are new to the competition. Please contact [julie@pompon.com](mailto:julie@pompon.com) to receive your Introductory Offer coupon prior to registering.

## REGISTRATION DEADLINE

Friday, October 20, 2023

**Payments made by check should be sent to:**

Mid American Pompon  
Hip Hop & High Kick  
Championship

24425 Indoplex Circle  
Farmington Hills, MI 48335

Phone: (248) 477-5248

Fax: (248) 477-1133

[www.pompon.com](http://www.pompon.com)

For general questions, please email [julie@pompon.com](mailto:julie@pompon.com).

# Mid American Pompon

24425 Indoplex Circle  
Farmington Hills, MI 48335

(248) 477-5248

33rd Annual

# Hip Hop & High Kick CHAMPIONSHIP

Sunday, November 5, 2023

## WHAT TO EXPECT

- Beautiful, clean and spacious venue: The Dow Event Center
- Friendly and helpful staff and an athletic trainer on duty
- An organized event; on time with the schedule posted online prior to the event
- Awesome souvenirs for the event
- Ribbons for each participant and a trophy for top 5 teams
- Verbal critiques recorded and emailed to each team
- High quality competition

## ADMISSION INFORMATION

Spectators ages 5 and over:  
**\$15 AT THE DOOR**

Children under 5 years old:  
**FREE**

The Dow Event Center  
303 Johnson Street  
Saginaw, MI 48607

Visit our website  
[www.pompon.com](http://www.pompon.com)  
for a map to The Dow Center

The schedule of the day  
and line-up can be found at  
[www.pompon.com](http://www.pompon.com) on  
Friday, October 27, 2023

