



**46<sup>th</sup>**  
year of Mid  
American  
Pompon Summer  
Camps!



mid american  
pompon

# SUMMER CAMPS 2025

## **Alma College, Alma**

Thursday, June 19 – Sunday, June 22, 2025

Thursday, June 26 – Sunday, June 29, 2025

## **Northwood University**

Monday, July 7 – Thursday, July 10, 2025

**\*Commuter options for overnight camps!**

**Day Camps:** Focus on the specific needs of your team.

**All Star Team:** Perform at local and national events!

Pompon teams are invited to participate  
in Mid American Pompon Summer Camps.

This is a great way for teams to start their year with creative routines,  
team bonding and fun activities in a great atmosphere.

Campers will learn correct pom form, build essential pom skills  
and learn routines to use throughout the year.

**Camps are the perfect way to kick off the new season for your team!**



## About Mid American Pompon

Mid American Pompon, Inc., was founded in 1979 by Karen Blazaitis. The goal was to establish pompon as a competitive sport and give pompon girls from throughout Michigan an opportunity to learn skills and routines in a unified and positive environment. The organization strives to offer teams the opportunity to compete at a high level, while building self-esteem, outstanding skills and team unity. Pompon operations are under the direction of Julie Hobbs-Julian, who has been involved with Mid American Pompon for over 40 years.

## Our Philosophy

Mid American Pompon sets a high standard that reinforces the value of friendly competition and superior sportsmanship. The organization creates guidelines that promote positive self-image, team unity and routines and movements that display innovative and creative skills. Mid American classes, camps and competitions feature athletic-based pompon and dance routines. These routines encourage good posture and proper form; precise rhythm and timing; excellence of formations and transitions; showmanship; creative and visual choreography; outstanding kicklines and jump skills.



## OUR STAFF

Mid American Pompon prides itself in having the best staff in the business. Our staff is carefully selected to represent the values of Mid American Pompon, Inc. Each staff member is an excellent role model who passes along their love for the sport of pompon, along with values such as dedication, enthusiasm and excellence of performance skills.





# OVERNIGHT SUMMER CAMP

AT ALMA COLLEGE & NORTHWOOD UNIVERSITY

## What Your Team Will Experience at a Mid American Overnight Camp

- Friendly and professional staff.  
Each team will be assigned a staff sister in addition to having access to receive benefits from the entire camp staff.
- Team unity activities to connect teams.
- Daily kickline skill building.
- One-on-one private team practice with your staff sister.
- Complete routines instructed in formation.
- Evening evaluation.
- Teams to compete with an original routine on final day.
- Speed learning skills to prepare for the performance season.
- Overall skills training techniques with constructive advice and suggestions.
- Great campus atmospheres with air conditioned performance facilities and instruction areas.
- Fun daily themes including lip syncing and fashion shows to allow your team to be creative with their attire and props.



### Dates

**Alma College**  
Thursday, June 19 –  
Sunday, June 22, 2025  
  
Thursday, June 26 –  
Sunday, June 29, 2025

**Northwood University**  
Monday, July 7 –  
Thursday, July 10, 2025

### What's Included

- Meals during camp (breakfast, lunch and dinner on majority of days)
- Dormitory housing
- Professional instruction of pom routines and essential pom skills
- Individual award ribbons for each daily performance
- Team trophies awarded on final day
- Athletic trainer on duty throughout camp

### For the Coaches

- Coach gift
- Camp music, write-ups and formations (one per team)
- Verbal critiques recorded for the final day's performance
- Special luncheon workshops with valuable coach training
- Great networking opportunities
- Final night "just for fun" coach performances
- Final day coach recognition

### A Typical Day at Camp

- 7:30 – 8:30 am** – Breakfast
- 9:00 – 9:15 am** – Team unity with staff sister
- 9:20 – 9:50 am** – Team of the day, peppy pom award and warm-up
- 9:50 – 10:15 am** – Kickline instruction
- 10:15 – 11:20 am** – Begin pom instruction
- 11:30 am – 12:30 pm** – Lunch, pom instruction, coaches meeting
- 12:45 – 1 pm** – Staff performance, warm up
- 1 – 3 pm** – Pom instruction
- 3 pm** – Relaxation
- 3:45 – 5:40 pm** – Individual team help
- 5:15 – 5:45 pm** – Dinner
- 6 – 7 pm** – Prepare for nightly evaluations
- 7:15 pm** – Nightly evaluations, just for fun routines, fashion show and awards
- TBA** – Meet with staff sister
- 11:30 pm** – Quiet; all campers in their own suite



### Overnight Camp Rate

\$525 per person,  
an additional \$75pp will be  
applied for early arrivals.

### COMMUTER RATE

\$295 per person, instruction  
only. No meals included.

### NEW This year!

Credit cards will **only** be  
accepted for deposits.

Payment balances must  
be made by check! No  
credit cards will  
be accepted!





# DAY CAMPS

Mid American day camps offer more personalized attention to focus on the specific needs of your team. These camps are run by our trained Mid American Pompon staff. Day camps can be held at your team's location or at Mid American Studio in Farmington Hills.

## What's Included

- Instruction of two or three routines of your choice with individual team help
- Instruction of a full big kickline with individual team help
- Team bonding activities with staff sister
- Constructive direction on proper form, jumps, stretching, and kickline techniques
- Routine and kickline evaluation at the end
- Enjoy instruction by highly-skilled Mid American staff members



## Day Camp Rates

### Home Day Camp

1-15 campers, \$200/girl  
+ \$50 coach fee  
2 days, 10 hours total  
1 staff member

16+ campers, \$232/girl  
+ \$50 coach fee  
2 days, 10 hours total  
2 staff members

### MAPP Studio Day Camp

1-15 campers, \$160/ girl  
+ \$50 coach fee  
Minimum 2 days  
8 hours total  
1 staff member

16+ campers, \$192/girl  
+ \$50 coach fee  
minimum 2 days  
8 hours total  
2 staff members



## Contact

LeeAnn@pompon.com  
to add additional days  
to your day camp.



# ALL STAR TEAM

The **Mid American Pompon All Star Team** is an elite performing group comprised of members from Michigan's top high school pompon teams. Team members are selected based upon their outstanding showmanship and excellent performing qualities.

**Camp participants who are members of a varsity team and are entering grades 9–12 are eligible to try out at Summer Camp.**

The All Star team has the privilege of performing at local and national events each year. These have included America's Thanksgiving Day Parade in Detroit; Chicago's Saint Patrick's Day Parade; presidential inaugural parades; the summer Olympics in Atlanta; performances at Walt Disney World, and Carnival Cruise Line, several football bowl games, the 2012 London Summer Olympic pre-celebration, the 2015 Pearl Harbor Memorial Parade in Honolulu, Iceland in April 2018, yearly performance at Cedar Point Amusement park, Disneyland/Universal Studios, California in July of 2021 and Disneyworld, Florida in January 2023 and December of 2024.

